

# Triathlon d'Yverdon-les-Bains 2023

## Natation:

- Sprint distance (750 m)
- Short distance (400 m)
- National League (400 m)
- Youth League (250 m)
- Ecolier 10-13 ans (150 m)
- Fun Races (150 m)

## Vélo:

- Sprint distance (5 tours, 18.75 km)
- Short distance (5 tours, 18.75 km)
- National League (2 tours, 7.50 km)
- Youth League (1 tour, 3.75 km)
- Ecolier 10-13 ans (1 tour, 3.75 km)
- Fun Races (1 tour, 3.75 km)

## Course à pied:

- Sprint distance (2 tours, 5 km)
- Short distance (2 tours, 5 km)
- National League (1 tour, 2.5 km)
- Youth League (1 tour, 1 km)
- Ecolier 10-13 ans (1 tour, 1 km)
- Fun Races (tour, 1 km)

## Lieux:

- 1 Vestiaires
- 2 Village
- 3 Zone de transition

